The PHS Calendar for Planting and Growing Food

	Jan.	Feb.	Mar.	Apr.	May	June	July	Aug.	Sept.	Oct.	Nov.	Dec.
ARUGULA												
ASIAN GREENS		transplant outdoors after frost					transplant outdoors in August for fall crop					
BEANS (BUSH AND POLE BEANS)												
BEETS								_				
BASIL												
BROCCOLI / CAULIFLOWER		transplant outdoors approx. 1-2 weeks before last frost					transplant outdoors in Aug. & Sept. for fall crop					
BRUSSELS SPROUTS		transplant outdoors approx. 1-2 weeks before last frost					transplant outdoors in Aug. & Sept. for fall crop					
CABBAGE		transplant outdoors approx. 1-2 weeks before last frost	*				transplant outdoors in Aug. & Sept. for fall crop					
CARROTS												
CELERY												
CILANTRO												
COLLARDS			*				transplant in Sept. for fall crop					

Est. First Frost: Nov. 11

Start seeds indoors outdoors be started inside

Start seeds

* Seeds may also and moved

For zone 7, the mid-Atlantic region



The PHS Calendar for Planting and Growing Food

	Jan.	Feb.	Mar.	Apr.	May	June	July	Aug.	Sept.	Oct.	Nov.	Dec.
CORN												
CUCUMBER			transplant outdoors starting in early May									
DILL												
EGGPLANT		transplant outdoors starting in early May										
GARLIC												
KALE		transplant outdoors in April					transplant outdoors in Aug. & Sept. for fall crop					
KOHLRABI		transplant outdoors in April					transplant outdoors in Aug. & Sept. for fall crop					
LEEKS		transplant outdoors in March prior to first frost					transplant outdoors in Aug. & Sept. for fall crop					
LETTUCE		transplant outdoors starting in early April					transplant outdoors in Aug. & Sept. for fall crop					
MELONS												
OKRA												
ONIONS		transplant outdoors starting early April through mid-May										



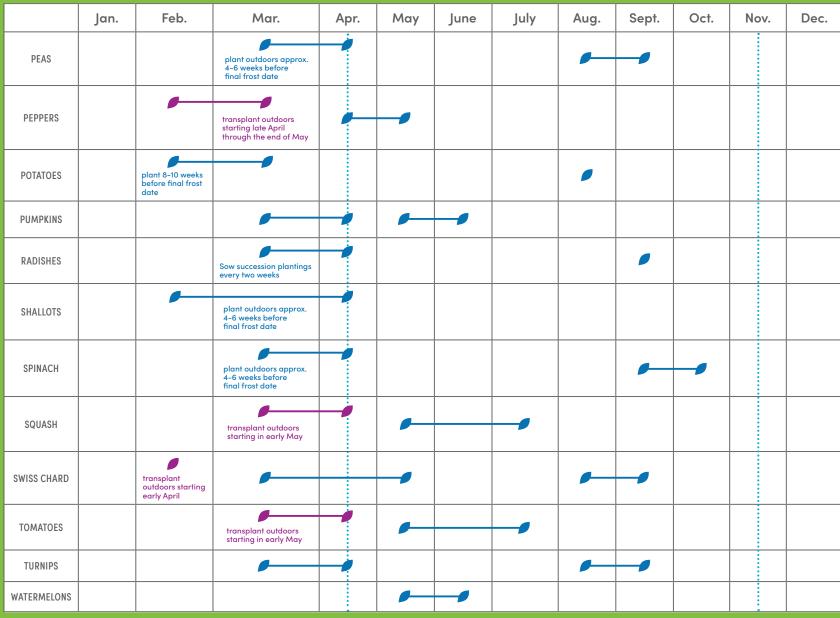
be started inside and moved

For zone 7, the mid-Atlantic region



Est. First Frost: Nov. 11

The PHS Calendar for Planting and Growing Food



Est. Last Frost: April 17

Est. First Frost: Nov. 11

- Start seeds indoors
- Start seeds outdoors
- * Seeds may also be started inside and moved outdoors in April

For zone 7, the mid-Atlantic region

